



**ENTERTAINING  
MADE EASIER**



Place your catering order today!  
[fresh2go.metro.ca](http://fresh2go.metro.ca)





## Event Essentials!

Our stores and online grocery have everything you need to make your event a success.

### Event Checklist

- Bottled water
- Sparkling/carbonated water
- Soft drinks
- Ice
- Paper dinner plates
- Paper dessert plates
- Plastic cutlery
- Buns and bread
- Plastic cold cups
- Paper hot cups
- Serviettes
- Birthday candles
- Condiments
- Serving utensils
- Matches/lighters
- Paper towels
- Cake knife/server
- Coffee/tea
- Milk/cream/sugar
- Juice
- Fresh flowers

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PLACE YOUR ORDER TODAY



**By Phone**  
1-877-763-7374



**Online**  
[fresh2go.metro.ca](http://fresh2go.metro.ca)



**In Store**  
Visit Our Deli

You bring the guests,  
we'll handle the rest.

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On the cover:

Ultimate Dessert Platter (p.12), Celebration Fruit Platter (p.11),  
Combination of Sweet and Nutty Cheese Plank and Around  
the World Cheese Plank (p.7), Authentic Greek Salad (p.10)  
and Antipasto Platter (p.5)

**metro**



**ARTISAN RUSTICA TRAY**  
**SERVES 10, D1**  
*Impress your Guests*  
 Prosciutto, Parmigiano-Reggiano, Cranberry Hazelnut Crackers, Roasted Red Peppers, Olives, Dried Apricots, Dry Salami



**SNACK DELIGHT**  
**SERVES 10, D2S**  
**SERVES 16, D2L**

**Something for Everyone**  
 Summer Sausage, Extra Lean Kolbassa, Turkey Kolbassa, Hungarian Salami, Havarti and Cheddar Cheeses



**CLASSIC MEAT & CHEESE COMBO**  
**SERVES 12, D3**

**Perfect for Sandwiches or Snacking**  
 Classic Black Forest Ham, Turkey Breast, Angus Roast Beef, Classic Chicken Breast, Hungarian Salami with Cheddar, Havarti and Swiss Cheeses



**IRRESISTIBLES ARTISAN TRAY**  
**SMALL: SERVES 10, D4S**  
**LARGE: SERVES 16, D4L**

**Exclusive to Metro**  
 Angus Roast Beef, Roasted Turkey Breast, Black Forest Ham, Hardwood Smoked Ham, Montreal Smoked Meat

We'll help you celebrate in style with a selection of deli platters.

# APPETIZING ARRANGEMENTS

Make any occasion that much more memorable with our variety of savoury party platters that have something for everyone to enjoy.



## MEDITERRANEAN PLATTER SERVES 12, D6

**Perfect for Snacking & Dipping**  
Chickpea & Roasted Pepper Hummus,  
Artichoke/Asiago Dip, Marble Cheddar,  
Salami, Extra Lean Kolbassa, Naan Bread



## ANTIPASTO PLATTER SERVES 12, D7

**Crowd Pleaser**  
Stuffed and Mixed Olives, Gherkins,  
Mini Bocconcini, Artichoke Hearts,  
Pickled Pepperoncini Peppers

## GRAB & GO PLATTER ▶ SERVES 6, D8

**Ready to Serve**  
Medium and Marble Cheddars,  
Jalapeño Havarti, Pepperettes,  
Cranberry Hazelnut Crackers



# CHEESE

Satisfy every cheese lover with our variety of popular cheeses, paired with fresh fruit and nuts.



**CHEESE SENSATION TRAY**  
SERVES 10, C2S  
SERVES 16, C2L

**A Cheese for Every Taste**

Variety of cheeses: Brie, Edam, Swiss, Blue, Marble & Medium Cheddars, Jalapeño Havarti with Fresh Fruit



**FRUIT AND CHEESE PLATTER**  
SERVES 10, C3S  
SERVES 16, C3L

**Great Addition to Any Party**

The perfect start, a charcuterie with double crème brie, Artisanal crackers to complement the goat cheese topped with fig spread, parmigiano reggiano, cathedral cheddar, spicy chorizo, mild salami and prosciutto to enjoy with the cheese and then some olives and dried apricots to complement.

**◀ BUILD YOUR OWN CHEESE PLANK**  
SERVES 6, CP1

The perfect start, a charcuterie with double crème brie, Artisanal crackers to complement the goat cheese topped with fig spread, parmigiano reggiano, cathedral cheddar, spicy chorizo, mild salami and prosciutto to enjoy with the cheese and then some olives and dried apricots to complement.



## AROUND THE WORLD SERVES 6, CP5

Travel the World at Your Next Party. Canadian Swiss, Variety of Sharp Cheddars, Cambozola Blue, topped with Dried Fruit and Nuts



## ITALIAN CHARCUTERIE PLANK SERVES 6, CP6

A charcuterie lover's perfect mix, double cream brie, herbed goat cheese, Oka cheese, asiago, prosciutto salami, prosciutto complemented with olives and dried apricots.



## BUTTER BOARD SERVES 6, CP4

Butter up, a plank covered in creamy butter topped with pink sea salt and fig spread, then dried cranberries, walnuts, pitted kalamata olives and dried figs. Finished off with honey, crackers and twists to enjoy.

# SANDWICHES



## ▲ RUSTIC ITALIAN CALABRESE PLATTER SERVES 12, \$1

**Exclusive to Metro**  
Calabrese Baguette, Prosciutto/Roasted Red Peppers/Basil, Rosemary Ham/Provolone/Roasted Red Peppers, Genoa/Mortadella/ Provolone/ Roasted Red Peppers



## SUBS 2 GO WITH KETTLE CHIPS PLATTER SERVES 10, \$2

**A Game Day Favourite**  
Freshly-baked Paninis, Variety Pack Meats Topped with Mozzarella Cheese and Shredded Lettuce with Kettle Chips



## FINGER SANDWICHES SERVES 12, \$4

**A Must Have for Any Party**  
An assortment of Sandwiches - Egg Salad, Salmon Salad, Tuna Salad and ending with Turkey Bacon. Available on white or whole wheat



## VEGGIE WRAP PLATTER SERVES 10, \$5

Premium Flour Tortillas, 2 Varieties of Vegetarian Wraps, Kale & Quinoa Blend with Hummus, Roasted Vegetables with Feta, carefully arranged and garnished



# SANDWICHES



## THE DELUXE SANDWICH PLATTER SERVES 12, \$3

### One of our Classics

A variety of Handmade Sandwiches: Roast Beef, Roasted Turkey Breast, Black Forest Ham, Egg Spread, Creamy Havarti. Available on White and Whole Wheat.



## THE ENTERTAINER SMALL: SERVES 10, \$6L LARGE: SERVES 16, \$6L

### Taking Sandwiches to the Next Level

Plain Croissants with Ham & Creamy Havarti, Ciabatta Buns with Angus Roast Beef and Swiss Baguettes with Chicken and Salami



## URBAN MEAT CALABRESE BAGUETTE PLATTER SERVES 12, \$7

### Exclusive to Metro

Premium Calabrese Baguette, Angus Lean Roast Beef/Swiss, Oven Roasted Turkey/Havarti/Tomato, Smoked Meat/Swiss



## WRAP DELIGHT SERVES 10, \$8

### All Wrapped Up

Premium Handmade Assorted Wraps: Old Fashioned Ham Topped with Mild Cheddar, Angus Roast Beef Topped with Canadian Swiss, Cooked Turkey Breast Topped with Creamy Havarti Cheese



## DELUXE VEGETARIAN WRAP SERVES 10, \$9

### A Lighter Choice

Premium Flour Tortillas, Deluxe Chickpea Salad with Hummus and Feta Cheese



## PINWHEEL PLATTER SERVES 12, \$10

### Premium Wraps in Easy to Eat Bites

Roasted Turkey, Bacon & Avocado Spread, Roast Beef and Roasted Red Peppers, Black Forest Ham with Creamy Havarti

# FRESH FROM OUR GARDEN

Choose from our wide assortment of vegetable and fruit platters ... and bread lovers will love our delectable pumpernickel tray.



**CELEBRATION  
VEGETABLE PLATTER  
SERVES 18-20, VT1**

**Fresh Cut &  
Ready to Eat**  
Cauliflower Florets,  
Baby Carrots,  
Celery Sticks,  
Cucumber,  
Grape Tomatoes



**VEGETABLE  
CAROUSEL  
SERVES 6-8, VT2**

**Fresh Cut &  
Ready to Eat**  
Cauliflower Florets,  
Broccoli Florets,  
Baby Carrots,  
Celery Sticks,  
Cucumber, Includes Dip



**MEDIUM  
VEGETABLE PLATTER  
SERVES 10-15, VT5**

Broccoli & Cauliflower  
Florets, Peppers, Grape  
Tomatoes, Cucumber,  
Celery Sticks, Baby  
Carrots, Includes Dip



**FAMILY SIZE SALAD  
SERVES 3-5, VT3F**

**Fresh Salads for  
any Size Gathering**  
Greek, Simply Garden,  
Caesar, Spinach and  
Fruit Salad



**PUMPERNICKEL  
TRAY WITH DIP  
SERVES 10, VT4**

**Great for Entertaining**  
Pumpernickel Bread,  
Spinach Dip



**OVER 3 LBS  
OF FRUIT**

**PARTY SIZE DELUXE  
FRUIT SALAD  
SERVES 6-8, FT4**

Naturally Sweet & Refreshing  
Watermelon, Cantaloupe,  
Honeydew, Pineapple,  
Strawberries, Blueberries



**OVER 3 LBS  
OF FRUIT**

**FRUIT  
CAROUSEL  
SERVES 6-8, FT2**

Fresh Cut &  
Ready to Eat  
Strawberries,  
Watermelon,  
Cantaloupe,  
Honeydew,  
Pineapple



**OVER 5 LBS  
OF FRUIT**

**MEDIUM FRUIT TRAY  
2.5 kg SERVES 10-12,  
FT3**

Fresh Cut &  
Ready to Eat  
Strawberries,  
Watermelon,  
Cantaloupe,  
Honeydew,  
Pineapple



**OVER 7 LBS  
OF FRUIT**

**CELEBRATION  
FRUIT PLATTER  
SERVES 14-16, FT1**

Fresh Cut &  
Ready to Eat  
Strawberries,  
Watermelon,  
Cantaloupe,  
Honeydew,  
Pineapple

# BAKERY & DESSERTS



## ▲ IRRESISTIBLES CHEESECAKE 1 kg, SP7

Assorted Box contains Plain, Raspberry, Caramel Pecan and Chocolate

**FRONT STREET BAKERY**  
Our Absolute Finest

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## FRONT STREET BAKERY SMALL DESSERT SQUARES 422 - 472 g, 16 PIECES, SP9

**Small Squares and Tarts**  
Fine Selection of Deep Dutch Brownies, Caramel Pecan Brownies, Butter Tarts, Nanaimo Bars



## FRONT STREET BAKERY ULTIMATE DESSERT PLATTER, 1 kg, 48 PIECES, SP4

**Something for Everyone**  
Fresh Strawberry and Fruit Tarts, Mini Butter Tarts, Portuguese Tarts, Nanaimo Bars, Butter Tart Bars, Brownies, Macaroons



## FRONT STREET BAKERY BREAKFAST PLATTER 1.8 kg, 33 PIECES, SP2

**Ideal for Meetings, Brunch or Dessert**  
Mini Croissants, Mini Flakey Fruit Bites, All Butter Fruit Filled Danish, Carrot Walnut, Chocolate Chip & Blueberry Muffins, Blueberry Scones

**FRONT STREET BAKERY**  
Our Absolute Finest

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Our Absolute Finest



## FRONT STREET BAKERY ALL BUTTER CROISSANT PLATTER 990 g, 18 PIECES, SP5

**Breakfast Made Easy**  
Made with 100% All Butter Croissants, Cheese Croissants and Mini Croissants.



## FRONT STREET BAKERY GOURMET COOKIE PLATTER 1.75 kg, 52 PIECES, SP3

**Delicious and Sweet**  
Chocolate Chunk, White Chocolate Macadamia Nut, Double Chocolate, Chocolate Chunk with Pecans, Oatmeal Raisin Cookies



## FRONT STREET BAKERY ASSORTED PARTY SQUARES 908 g, 16 PIECES, SP8

**Delicious and Sweet Squares**  
Nanaimo Bars, Butter Tart Bars, Deep Dutch Brownie Bars, Caramel Pecan Brownie Bars



# ARTISAN BREADS

Indulge in fresh, warm and always-comforting baked bread. Our variety will appeal to everyone and is baked to perfection right in-store.



**FRONT STREET BAKERY**  
**EXTRA CHEDDAR**  
**CHEESE BREAD**  
675 g, BR1  
Made with 1/2 lb-  
Cheddar Cheese.



**FRONT STREET BAKERY**  
**CALABRESE BREAD**  
500 g, BR2  
Slowly fermented which gives our  
bread a unique and distinct flavour.



**FRONT STREET BAKERY**  
**SAN FRANCISCO STYLE**  
**SOURDOUGH BREAD**  
450 g, BR3  
A unique San Francisco style  
bread, using a traditional recipe.



**FRONT STREET BAKERY**  
**CALABRESE BAGUETTE**  
325 g, BR4  
Slowly fermented which gives  
our bread a unique and distinct  
flavour. Great for sandwiches.



**FRONT STREET BAKERY**  
**RUSTIC COUNTRY BREAD**  
500 g, BR5  
Slowly fermented which gives our  
bread a unique and distinct flavour  
and honeycomb interior.



**FRONT STREET BAKERY**  
**PUMPERNICKEL RYE BREAD**  
675 g, BR6  
Fresh baked dark pumpernickel  
bread great for entertaining.  
Create your own platter.

# CAKES FOR ALL OCCASIONS

Celebrate everything with our decadent cakes, cupcakes and other sweet treats.



▲ **BUILD A CAKE**  
CHOOSE FROM 1/4 SLAB (SERVES 15-20),  
1/2 SLAB (SERVES 30-40), FULL SLAB  
(SERVES 70-90), C8

It's as easy as 1, 2, 3!

- 1 Choose your cake & filling
- 2 Choose your icing
- 3 Choose your ornament from over 20 varieties:  
Super Mario, Disney Princesses, Spiderman...

▲ **SPECIAL OCCASION CAKES**  
CHOOSE FROM  
1/4 SLAB (SERVES 15-20), 1/2 SLAB (SERVES 30-40),  
FULL SLAB (SERVES 70-90), C9



▲ **FRONT STREET BAKERY**  
CAKE SLICES 110-140 g, C10  
Red Velvet, Swiss Milk Chocolate  
Truffle, Gourmet Banana or  
Chocolate Truffle Royal cake slices

# CAKES FOR ALL OCCASIONS

**FRONT STREET BAKERY**  
OUR ABSOLUTE FINEST



**FRONT STREET BAKERY**  
**RED VELVET CAKE**  
8", 1.45 kg, SC1

Elegant, moist, ruby-red cake finished with smooth and silky cream cheese icing



**FRONT STREET BAKERY**  
**CARROT CAKE**  
1900 g

Moist carrot cake filled with carrots, pineapple, raisins, apples and walnuts and finished with cream cheese frosting



**FRONT STREET BAKERY**  
**BANANA CAKE WITH CREAM CHEESE ICING,**  
8", 1.65 kg, SC3

Moist layers of banana cake, delicately filled and iced in cream cheese icing



**FRONT STREET BAKERY**  
**JAMOCHA ALMOND CAKE**  
8", 1.25 kg, SC4

Perfect combination of chocolate cake, almond meringue and chocolate fudge layered together to make this the ultimate dessert



**FRONT STREET BAKERY**  
**TRUFFLE ROYAL TORTE**  
1100 g

Moist Chocolate Cake with alternating layers of dark chocolate and white chocolate. Decorated with a rich dark chocolate and waves of white chocolate



**SWISS TRUFFLE CAKE**  
**MADE WITH LINDT**  
8", 1.1 kg, SC6

Layers of moist chocolate sponge and Swiss milk chocolate truffle, Made with Lindt chocolate

# FRESH SUSHI & SEAFOOD



**PARADISE ISLAND PLATTER**  
SERVES 5, ST1

For all Parties, Large and Small  
Pacific White Shrimp, Irresistibles  
Seafood Sauce, Over 40 Shrimp

Looking for a real crowd pleaser?  
Treats from the sea, like our seafood  
and sushi platters are a great catch.



**TROPICAL DELIGHT PLATTER**  
SERVES 10, ST2

For all Parties, Large and Small  
Pacific White Shrimp, Irresistibles  
Seafood Sauce, Over 80 Shrimp



**SOUTH PACIFIC PLATTER**  
SERVES 15, ST3

For all Parties, Large and Small  
Pacific White Shrimp, Irresistibles  
Seafood Sauce, Over 120 Shrimp



**TOP DECK PLATTER**  
SERVES 10, ST4

Impress Your Guests  
2 lbs of Extra Large Cooked Shrimp,  
Irresistibles Seafood Sauce



**DEEP SEA DUET PLATTER**  
SERVES 12, ST5

A Perfect Pairing  
Pacific White Shrimp, Crab-style  
Seafood, Irresistibles Seafood Sauce



**ULTIMATE SEAFOOD PLATTER**  
SERVES 12, ST6

Something for Everyone  
Large Shrimp, Premium Atlantic  
Smoked Salmon, Cream Cheese,  
Capers, Irresistibles Seafood Sauce



**ALASKAN SNOW LEGS  
& SHRIMP PLATTER**  
SERVES 12, ST8

A Real Crowd Pleaser  
One Pound of Alaskan Snow Legs,  
One Pound of Large Cooked  
Pacific White Shrimp, Irresistibles  
Seafood Sauce



All of our sushi platters come with wasabi, ginger, soy sauce and chopsticks!



▲ **ENKAI PLATTER**  
58 PIECES

A perfect premium platter for a dinner gathering or feast. Salmon Avocado Roll (9pc), Spicy Salmon Roll (9pc), Salmon Hosomaki (8pc), Tuna Hosomaki (8pc), Avocado Hosomaki (8pc), Rainbow Roll (8pc), Salmon Nigiri (4pc), Tuna Nigiri (4pc).



▲ **UTAGE PLATTER**  
60 PIECES

Our largest platter, perfect for parties or banquets. Dynamite Crunch Roll (10pc), Spicy California Crunch Roll (9pc), California Roll (9pc), Salmon Hosomaki (8pc), Tuna Hosomaki (8pc), Salmon Volcano Crunch Roll (8pc), Cucumber Hosomaki (8pc).



▲ **KAZOKU PLATTER**  
53 PIECES

This maki platter is perfect for a small gathering. California Roll (18pc), Spicy California Roll (18pc), Vegetable California Roll (9pc), Cucumber Hosomaki (8pc). No raw fish.

▼ **MATSURI PLATTER**  
39 PIECES

A festival of sushi. Dynamite Crunch Roll (10pc), Spicy California Roll (9pc), Salmon Volcano Crunch Roll (8pc), Salmon Nigiri (4pc), Tuna Nigiri (4pc), Shrimp Nigiri (2pc), Crab Nigiri (2pc).



▼ **ATSUMARI PLATTER**  
51 PIECES

Perfect for get-togethers. California Roll (9pc), Spicy California Roll (9pc), Spicy California Crunch Roll (9pc), Avocado Hosomaki (8pc), Cucumber Hosomaki (8pc), Crab Nigiri (4pc), Shrimp Nigiri (4pc). No raw fish.



**ALLERGEN STATEMENT**

Please be advised that our products may contain egg, milk, fish, crustaceans, sesame, sulphite, soy, wheat, mustard and other allergens.

# FLORAL BOUTIQUE



Add the perfect arrangement for your next occasion.

Our certified floral designers\* are always ready to create a custom centerpiece for you.

- **CUSTOM WEDDING WORK**  
Bridal bouquets, corsages, boutonnieres, table centerpieces
- **SHOWERS (WEDDING/BABY)**  
Corsages, centerpieces, custom bouquets
- **GRADUATIONS**  
Presentation bouquets, corsages, boutonnieres
- **PROMS**  
Corsages, custom bouquets, boutonnieres
- **FUNERALS**  
Casket sprays, sympathy arrangements
- **ANNIVERSARIES AND BIRTHDAYS**

\*Custom floral services available at most locations.

**Place your order today!**



**PREMIUM DOZEN ROSES, FS1**  
12 Stems, Assorted Colours



**INTERMEDIATE ROSES, FS2**  
10 Stems, Assorted Colours



**PREMIUM ORCHID, FS3**  
5" Pot, Double Spike,  
Assorted Colours



**MIXED BOUQUET, FS4**  
Guaranteed to Last 10 Days,  
Assorted Varieties

## Follow these 4 simple steps to order and indulge with ease:

### 1. Browse

Check out our selection of deli, cheese, bakery, meat, produce and sushi trays and platters, as well as floral arrangements in-store or order online at <https://fresh2go.metro.ca/>

### 2. Place Order

Contact us by phone (1-877-763-7374) or visit us in-store or online.

### 3. Confirmation

Confirm your order and arrange a convenient pick-up date and time. To ensure freshness, please allow 24 hours notice.

### 4. Pick Up

Available in most of our stores across Ontario, your order will be fresh and waiting for you in our Deli department. Before you leave, we'll ensure your order is correct and we'll even carry it out to your car.

Some food items are subject to seasonality and market availability, which means substitutions may occasionally be necessary. Items may not be exactly as shown. Prices are subject to change.

Products may contain or may have come in contact with food allergens. If you have any questions or concerns, please ask for assistance.

