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#### PLACE YOUR ORDER TODAY



**By Phone** 1-877-763-7374



Online fresh2go.metro.ca



Visit Our Deli

You bring the guests, we'll handle the rest.

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Floral Boutique

#### On the cover:

Ultimate Dessert Platter (p.12), Celebration Fruit Platter (p.11), Combination of Sweet and Nutty Cheese Plank and Around the World Cheese Plank (p.7), Authentic Greek Salad (p.10), Antipasto Platter (p.5) and Pork Rib Roast (p.18)







SNACK DELIGHT SERVES 10, D2S SERVES 16, D2L

Something for Everyone Summer Sausage, Extra Lean Kolbossa, Turkey Kolbossa, Hungarian Salami, Havarti and Cheddar Cheeses



CLASSIC MEAT & CHEESE COMBO SERVES 12, D3

Perfect for Sandwiches or Snacking Classic Black Forest Ham, Turkey Breast, Angus Roast Beef, Classic Chicken Breast, Hungarian Salami with Cheddar, Havarti and Swiss Cheeses



IRRESISTIBLES ARTISAN TRAY SMALL: SERVES 10, D4S LARGE: SERVES 16, D4L

Exclusive to Metro
Angus Roast Beef, Roasted
Turkey Breast, Black Forest
Ham, Hardwood Smoked Ham,
Montreal Smoked Meat

We'll help you celebrate in style with a selection of deli platters.

# APPETIZING ARRANGEMENTS

Make any occasion that much more memorable with our variety of savoury party platters that have something for everyone to enjoy.



# MEDITERRANEAN PLATTER SERVES 12, D6

Perfect for Snacking & Dipping Chickpea & Roasted Pepper Hummus, Artichoke/Asiago Dip, Marble Cheddar, Salami, Extra Lean Kolbossa, Naan Bread



# ANTIPASTO PLATTER SERVES 12, D7

Crowd Pleaser Stuffed and Mixed Olives, Gherkins, Mini Bocconcini, Artichoke Hearts, Pickled Pepperoncini Peppers

# GRAB & GO PLATTER ▶ SERVES 6, D8

Ready to Serve Medium and Marble Cheddars, Jalapeño Havarti, Pepperettes, Cranberry Hazelnut Crackers



# CHEESE

Satisfy every cheese lover with our variety of popular cheeses, paired with fresh fruit and nuts.





#### **CHEESE SENSATION TRAY** SERVES 10, C2S SERVES 16, C2L

A Cheese for Every Taste Variety of cheeses, Brie, Edam, Swiss, Blue, Marble & Medium Cheddars, Jalapeño Havarti with Fresh Fruit



### FRUIT AND CHEESE PLATTER SERVES 10, C3S SERVES 16, C3L

**Great Addition to Any Party**Fresh Strawberries, Cantaloupe & Honeydew, Seedless Red & Green Grapes, Creamy Havarti Cheese, Balderson Mild & Marble Cheese served with Dip

#### **♦** BUILD YOUR OWN CHEESE PLANK SERVES 6, CP1

Choose any 6 of these popular cheeses

- Parmigiano Reggiano
- 2 Bella Vitano Merlot or Balsamic
- 3 Stilton Blue Cheese
- 4 Jarlsberg Cheese
- 5 Balderson White Old Cheddar
- 6 Brie L'Extra

Or any of these varieties of cheeses (not pictured): Castello Danish Blue, Asiago, Balderson Cheddar, L'Extra Camembert, Oka L'artisan



#### AROUND THE WORLD SERVES 6, CP5

Travel the World at Your Next Party Canadian Swiss, Variety of Sharp Cheddars, Cambozola Blue, topped with Dried Fruit and Nuts



#### GOURMET CHEESE PLANK SERVES 6, CP6

Something for Everyone L'Extra Double Cream Brie, Frico Smoked Gouda, Blue Cheese, Irresistible Goat Cheese and Fruit



#### CREAMY PARTY PLEASER SERVES 6, CP4

Includes Some of Our Best-Selling Cheeses Double Cream Brie, Extra Old Cheddar, Blue, Danish Cream Cheese, Saint-Paulin with Crackers

# **SANDWICHES**



# SUBS 2 GO WITH KETTLE CHIPS PLATTER SERVES 10, S2

A Game Day Favourite
Freshly-baked Paninis, Variety Pack Meats Topped
with Mozzarella Cheese and Shredded Lettuce with Kettle Chips



# FINGER SANDWICHES SERVES 12, S4

A Must Have for Any Party
An Assortment of Sandwiches - Egg Salad, Salmon
Salad, Tuna Salad and ending with Turkey Bacon.
Available on white or whole wheat



# VEGGIE WRAP PLATTER SERVES 10, S5

Premium Flour Tortillas, 2 Varieties of Vegetarian Wraps, Kale & Quinoa Blend with Hummus, Roasted Vegetables with Feta, carefully arranged and garnished

# **SANDWICHES**



THE DELUXE SANDWICH PLATTER SERVES 12, S3

#### One of our Classics

A Variety of Handmade Sandwiches, Roast Beef, Roasted Turkey Breast, Black Forest Ham, Egg Spread, Creamy Havarti. Available on White and Whole Wheat



# URBAN MEAT CALABRESE BAGUETTE PLATTER SERVES 12, S7

#### **Exclusive to Metro**

Premium Calabrese Baguette, Angus Lean Roast Beef/Swiss, Oven Roasted Turkey/Havarti/Tomato, Smoked Meat/Swiss



#### DELUXE VEGETARIAN WRAP SERVES 10, S9

#### **A Lighter Choice**

Premium Flour Tortillas. Deluxe Chickpea Salad with Hummus and Feta Cheese



THE ENTERTAINER SMALL: SERVES 10, S6S LARGE: SERVES 16, S6L

#### Taking Sandwiches to the Next Level

Plain Croissants with Ham & Creamy Havarti, Ciabatta Buns with Angus Roast Beef and Swiss Baguettes with Chicken and Salami



#### WRAP DELIGHT SERVES 10, S8

#### All Wrapped Up

Premium Handmade Assorted Wraps: Old Fashioned Ham Topped with Mild Cheddar, Angus Roast Beef Topped with Canadian Swiss, Cooked Turkey Breast Topped with Creamy Havarti Cheese



#### PINWHEEL PLATTER SERVES 12, S10

#### Premium Wraps in Easy to Eat Bites

Roasted Turkey, Bacon & Avocado Spread, Roast Beef and Roasted Red Peppers, Black Forest Ham with Creamy Havarti

# FRESH FROM OUR GARDEN

Choose from our wide assortment of vegetable and fruit platters ... and bread lovers will love our delectable pumpernickel tray.



#### CELEBRATION VEGETABLE PLATTER SERVES 18-20, VT1

Fresh Cut & Ready to Eat Cauliflower Florets, Baby Carrots, Celery Sticks, Cucumber, Grape Tomatoes



Broccoli & Cauliflower Florets, Peppers, Grape Tomatoes, Cucumber, Celery Sticks, Baby Carrots, Includes Dip



#### FRESH CUT VEGETABLE CAROUSEL SERVES 6-8, VT2

Fresh Cut &
Ready to Eat
Cauliflower Florets,
Broccoli Florets,
Baby Carrots,
Celery Sticks,
Cucumber, Includes Dip



# FAMILY SIZE SALAD SERVES 3-5, VT3F

Fresh Salads for any Size Gathering Greek, Simply Garden, Caesar

#### PARTY SIZE SALAD SERVES 8-12, VT3P

Fresh Salads for any Size Gathering Greek, Simply Garden, Caesar



#### PUMPERNICKEL TRAY WITH DIP SERVES 10, VT4

**Great for Entertaining** Pumpernickel Bread, Spinach Dip





#### FRESH CUT FRUIT CAROUSEL SERVES 6-8, FT2

Fresh Cut & Ready to Eat Strawberries, Watermelon, Cantaloupe, Honeydew, Pineapple



#### CELEBRATION FRUIT PLATTER SERVES 18-20, FT1 MEDIUM FRUIT PLATTER SERVES 10-15, FT3

Fresh Cut & Ready to Eat Strawberries, Watermelon, Cantaloupe, Honeydew, Pineapple

#### METRO'S SEASONAL FRUIT OR VEGETABLE TRAYS

Our Seasonal Trays, exclusive to Metro, are a great way to add fun to your next event and a great addition to gatherings for kids of all ages.

Butterfly Tray
Soccer Tray\*
Ornament Tray\*
Egg Tray\*
\*Subject to Seasonality



#### SEASONAL VEGETABLE TRAY SERVES 5-7, SV6

May include a selection of Celery Sticks, Baby Carrots, Broccoli & Cauliflower Florets, Grape Tomatoes or Dip.

#### SEASONAL FRUIT TRAY SERVES 5-7, SF5

Strawberries, Cantaloupe, Honeydew, Pineapple, Watermelon.

# **BAKERY & DESSERTS**





#### ▲ IRRESISTIBLES CHEESECAKE 1 kg, SP7

Assorted Box contains Plain, Raspberry, Caramel Pecan and Chocolate



#### FRONT STREET BAKERY SMALL DESSERT SQUARES 340 - 425 g, 21 - 24 PIECES, SP9

**Small Squares and Tarts**Fine Selection of Turtle Brownies,
Caramel Rage, Nanaimo Bars,
Butter Tarts



#### FRONT STREET BAKERY ULTIMATE DESSERT PLATTER, 1 kg, 48 PIECES, SP4

Something for Everyone Fresh Strawberry and Fruit Tarts, Mini Butter Tarts, Portuguese Tarts, Nanaimo Bars, Butter Tart Bars, Brownies, Macaroons



#### FRONT STREET BAKERY BREAKFAST PLATTER 1 kg, 45 PIECES, SP2

Ideal for Meetings, Brunch or Even Dessert Chocolate Chunk Cookies, All Butter Café Croissants, Mini Flakey Fruit Bites, Fruit-Filled Danish, Carrot & Blueberry Muffins



#### FRONT STREET BAKERY ALL BUTTER CROISSANT PLATTER 1 kg, 18 PIECES, SP5

Breakfast Made Easy Made with 100% All Butter Croissants, Cheese Croissants and Cafe Croissants



#### FRONT STREET BAKERY GOURMET COOKIE PLATTER 1.75 kg, 52 PIECES, SP3

Delicious and Sweet Chocolate Chunk, White Chocolate Macadamia Nut, Double Chocolate, Chocolate Chunk with Pecans, Oatmeal Raisin Cookies



#### FRONT STREET BAKERY ASSORTED PARTY SQUARES 720 g, 16 PIECES, SP8

**Delicious and Sweet Squares** Turtle Brownies, Caramel Rage, Butter Tart Squares





# ARTISAN BREADS

Indulge in fresh, warm and always-comforting baked bread. Our variety will appeal to everyone and is baked to perfection right in-store.



#### FRONT STREET BAKERY EXTRA CHEDDAR CHEESE BREAD 675 g, BR1

Made with 1/2 lb Cheddar Cheese



#### FRONT STREET BAKERY CALABRESE BREAD 500 g, BR2

Slowly fermented which gives our bread a unique and distinct flavour



#### FRONT STREET BAKERY SAN FRANCISCO STYLE SOURDOUGH BREAD 450 g, BR3

A unique San Francisco style bread, using a traditional recipe.



#### FRONT STREET BAKERY CALABRESE BAGUETTE 325 g, BR4

Slowly fermented which gives our bread a unique and distinct flavour. Great for sandwiches.

#### FRONT STREET BAKERY RUSTIC COUNTRY BREAD 500 g, BR5

Slowly fermented which gives our bread a unique and distinct flavour and honeycomb interior.



#### FRONT STREET BAKERY PUMPERNICKEL RYE BREAD 675 g, BR6

Fresh baked dark pumpernickel bread great for entertaining. Create your own platter.

# **CAKES FOR ALL OCCASIONS**

Celebrate everything with our decadent cakes, cupcakes and other sweet treats.



▲ SPECIAL OCCASION CAKES CHOOSE FROM 1/4 SLAB (SERVES 15-20) 1/2 SLAB (SERVES 30-40) FULL SLAB (SERVES 70-90), C9



▲ BUILD A CAKE CHOOSE FROM 1/4 SLAB (SERVES 15-20), 1/2 SLAB (SERVES 30-40), FULL SLAB (SERVES 70-90), C8

It's easy as 1, 2, 3!

- 1 Choose your cake & filling
- 2 Choose your icing
- 3 Choose your ornament from over 20 varieties: Star Wars, Disney Princesses, Spiderman



# **CAKES FOR ALL OCCASIONS**



#### FRONT STREET BAKERY RED VELVET CAKE 8", 1.45 kg, SC1

Elegant, moist, ruby-red cake finished with smooth and silky cream cheese icing



#### FRONT STREET BAKERY BANANA CAKE WITH CREAM CHEESE ICING, 8", 1.5 kg, SC3

Moist layers of banana cake, delicately filled and iced in cream cheese icing



#### FRONT STREET BAKERY SALTED CARAMEL CHOCOLATE CAKE MADE WITH LINDT 8", 1.3 kg, SC5

Rich milk chocolate cake and smooth dark chocolate truffle with a layer of decadent Lindt dark chocolate ganache



#### FRONT STREET BAKERY DOUBLE CHOCOLATE MOUSSE CAKE 8", 875 g, SC2

Made with 35% cream, the perfect combination between vanilla and chocolate mousse. Topped with fresh berries



#### FRONT STREET BAKERY JAMOCHA ALMOND CAKE 8", 1.25 kg, SC4

Perfect combination of chocolate cake, almond meringue and chocolate fudge layered together to make this the ultimate dessert



#### SWISS MILK CHOCOLATE CAKE MADE WITH LINDT 8", 1.3 kg, SC6

Layers of moist chocolate sponge and Swiss milk chocolate truffle. Made with Lindt chocolate

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All of our sushi platters come with wasabi, ginger, soy sauce and chopsticks!



# ▲ ENKAI PLATTER 58 PIECES

A perfect premium platter for a dinner gathering or feast. Salmon Avocado Roll (9pc), Spicy Salmon Roll (9pc), Salmon Hosomaki (8pc), Tuna Hosomaki (8pc), Avocado Hosomaki (8pc), Rainbow Roll (8pc), Salmon Nigiri (4pc), Tuna Nigiri (4pc).

# ▼ MATSURI PLATTER 39 PIECES

A festival of sushi.
Dynamite Crunch Roll (10pc),
Spicy California Roll (9pc),
Salmon Volcano Crunch
Roll (8pc), Salmon Nigiri (4pc),
Tuna Nigiri (4pc), Shrimp
Nigiri (2pc), Crab
Nigiri (2pc).

#### ▲ UTAGE PLATTER 60 PIECES

Our largest platter, perfect for parties or banquets. Dynamite Crunch Roll (10pc), Spicy California Crunch Roll (9pc), California Roll (9pc), Salmon Hosomaki (8pc), Tuna Hosomaki (8pc), Salmon Volcano Crunch Roll (8pc), Cucumber Hosomaki (8pc).

# ▲ KAZOKU PLATTER 53 PIECES

This maki platter is perfect for a small gathering. California Roll (18pc), Spicy California Roll (18pc), Vegetable California Roll (9pc), Cucumber Hosomaki (8pc). No raw fish.

## ATSUMARI PLATTER 51 PIECES

Perfect for get togethers. California Roll (9pc), Spicy California Roll (9pc), Spicy California Crunch Roll (9pc), Avocado Hosomaki (8pc), Cucumber Hosomaki (8pc), Crab Nigiri (4pc), Shrimp Nigiri (4pc). No raw fish.



#### ALLERGEN STATEMENT

Please be advised that our products may contain egg, milk, fish, crustaceans, sesame, sulphite, soy, wheat, mustard and other allergens.



PARADISE ISLAND PLATTER SERVES 5, ST1

For all Parties, Large and Small Pacific White Shrimp, Irresistibles Seafood Sauce, Over 40 Shrimp

# FRESH SUSHI & SEAFOOD

Looking for a real crowd pleaser? Treats from the sea, like our seafood and sushi platters are a great catch.



TROPICAL DELIGHT PLATTER SERVES 10, ST2

For all Parties, Large and Small Pacific White Shrimp, Irresistibles Seafood Sauce, Over 80 Shrimp



SOUTH PACIFIC PLATTER SERVES 15, ST3

For all Parties, Large and Small Pacific White Shrimp, Irresistibles Seafood Sauce, Over 120 Shrimp



TOP DECK PLATTER SERVES 10, ST4

Impress Your Guests
2 lbs of Extra Large Cooked Shrimp,
Irresistibles Seafood Sauce



DEEP SEA DUET PLATTER SERVES 12, ST5

A Perfect Pairing
Pacific White Shrimp, Crab-style
Seafood, Irresistibles Seafood Sauce



ULTIMATE SEAFOOD PLATTER SERVES 12, ST6

Something for Everyone Large Shrimp, Premium Atlantic Smoked Salmon, Cream Cheese, Capers, Irresistibles Seafood Sauce



ALASKAN SNOW LEGS & SHRIMP PLATTER SERVES 12, ST8

A Real Crowd Pleaser One Pound of Alaskan Snow Legs, One Pound of Large Cooked White Pacific Shrimp, Irresistibles Seafood Sauce

# OUR BUTCHER'S FINEST



# **PARTY PACKAGES**



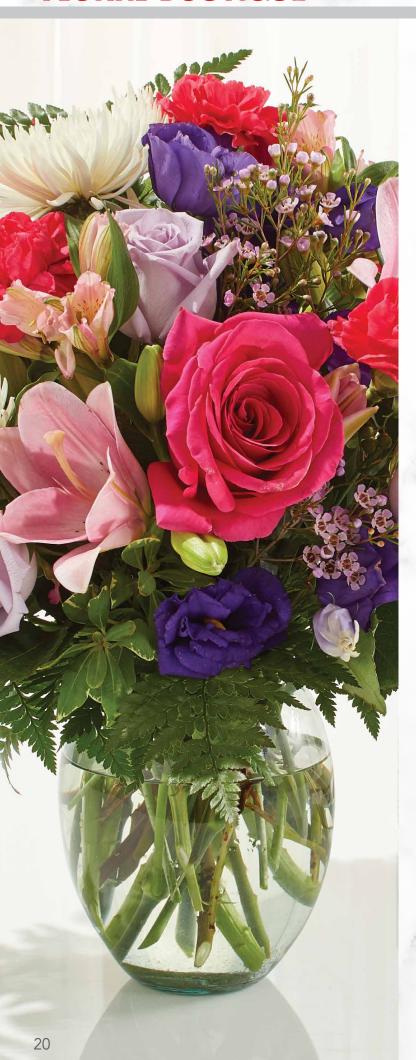
LUNCH ON THE GO, SERVES 10, PP1
This includes a Wrap Tray, Irresistibles Salad Dressings, Garden Salad, Gourmet Cookie Tray and a Fruit & Cheese Platter



CELEBRATION PARTY, SERVES 16, PP2
This package is great for birthdays and graduations. It includes: Vegetable Platter, Deluxe Sandwich Tray, Snack Delight Tray, your choice of 2 Deli Served Salads (see store for details), Fruit Tray, 1/4 Slab Signature Cake or Build A Cake

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# **FLORAL BOUTIQUE**



Add the perfect arrangement for your next occasion. Our certified floral designers\* are always ready to create a custom centrepiece for you.

- CUSTOM WEDDING WORK Bridal bouquets, corsages, boutonnieres, table centrepieces
- SHOWERS (WEDDING/BABY)
   Corsages, centrepieces, custom bouquets
- GRADUATIONS
   Presentation bouquets, corsages, boutonnieres
- PROMS
   Corsages, custom bouquets, boutonnieres
- FUNERALS
  Casket sprays, sympathy arrangements
- ANNIVERSARIES AND BIRTHDAYS

\*Custom floral services available at most locations.

# FLORAL BOUTIQUE



PREMIUM DOZEN ROSES, FS1 12 Stems, Assorted Colours

INTERMEDIATE ROSES, FS2 10 Stems, Assorted Colours



PREMIUM ORCHID, FS3 5" Pot, Double Spike, Assorted Colours

MIXED BOUQUET, FS4 Guaranteed to Last 10 Days, Assorted Varieties

# Follow these 4 simple steps to order and indulge with ease:

#### 1. Browse

Check out our selection of deli, cheese, bakery, meat, produce and sushi trays and platters, as well as floral arrangements in-store or order online at https://fresh2go.metro.ca/

### 2. Place Order

Contact us by phone (1-877-763-7374) or visit us in-store or online.

### 3. Confirmation

Confirm your order and arrange a convenient pick-up date and time. Please allow a minimum of 48 hours notice on all orders.

## 4. Pick Up

Available in most of our stores across Ontario, your order will be fresh and waiting for you in our Deli department. Before you leave, we'll ensure your order is correct and we'll even carry it out to your car.

Some food items are subject to seasonality and market availability, which means substitutions may occasionally be necessary. Items may not be exactly as shown. Prices are subject to change.

Products may contain or may have come in contact with food allergens. If you have any questions or concerns, please ask for assistance.









