



# ENTERTAINING MADE EASIER



Place your catering order today!  
[fresh2go.metro.ca](https://fresh2go.metro.ca)

**metro**

**FRESH  
2 GO**





# Event Essentials!

Our stores and online grocery have everything you need to make your event a success.

## Event Checklist

- Bottled water
- Sparkling/carbonated water
- Soft drinks
- Ice
- Paper dinner plates
- Paper dessert plates
- Plastic cutlery
- Buns and bread
- Plastic cold cups
- Paper hot cups
- Serviettes
- Birthday candles
- Condiments
- Serving utensils
- Matches/lighters
- Paper towels
- Cake knife/server
- Coffee/tea
- Milk/cream/sugar
- Juice
- Fresh flowers

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## PLACE YOUR ORDER TODAY



**By Phone**  
1-877-763-7374



**Online**  
[fresh2go.metro.ca](http://fresh2go.metro.ca)



**In Store**  
Visit Our Deli

You bring the guests,  
we'll handle the rest.

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### On the cover:

Ultimate Dessert Platter (p.12), Celebration Fruit Platter (p.10), Combination of Sweet and Nutty Cheese Plank and Around the World Cheese Plank (p.7), Authentic Greek Salad (p.11), Antipasto Platter (p.5) and Pork Rib Roast (p.18)

***metro***



**DELI**





## ◀ GRAB & GO PLATTER SERVES 6, D8

### Ready to Serve

Medium and Marble Cheddars,  
Jalapeño Havarti, Pepperettes,  
Cranberry Hazelnut Crackers



## ◀ ARTISAN RUSTICA TRAY SERVES 10, D1

### Impress your Guests

Prosciutto, Parmigiano  
Reggiano, Cranberry  
Hazelnut Crackers, Roasted  
Red Peppers, Olives, Dried  
Apricots, Dry Salami



## ▶ MEDITERRANEAN PLATTER SERVES 12, D6

### Perfect for Snacking & Dipping

Chickpea & Roasted Pepper  
Hummus, Artichoke/Asiago Dip,  
Marble Cheddar, Salami, Extra  
Lean Kolbassa, Naan Bread



## ▶ SNACK DELIGHT SMALL: SERVES 10, D2S SERVES 16, D2L

### Something for Everyone

Summer Sausage, Extra Lean  
Kolbassa, Turkey Kolbassa,  
Hungarian Salami, Havarti and  
Cheddar Cheeses



## ◀ IRRESISTIBLES ARTISAN TRAY SERVES 10, D4S SERVES 16, D4L

### Exclusive to Metro

Angus Roast Beef, Roasted  
Turkey Breast, Black Forest Ham,  
Hardwood Smoked Ham, Montreal  
Smoked Meat



## ◀ ANTIPASTO PLATTER SERVES 12, D7

### Crowd Pleaser

Stuffed and Mixed Olives, Gherkins,  
Mini Bocconcini, Artichoke Hearts,  
Pickled Pepperoncini Peppers



## ◀ CLASSIC MEAT & CHEESE COMBO SERVES 12, D3

### Perfect for Sandwiches or Snacking

Classic Black Forest Ham, Turkey  
Breast, Angus Roast Beef, Classic  
Chicken Breast, Hungarian Salami  
with Cheddar, Havarti and Swiss  
Cheeses



# CHEESE

## ▼ BUILD YOUR OWN CHEESE PLANK SERVES 6, CP1

Choose any 6 of these popular cheeses

- |                                     |                               |
|-------------------------------------|-------------------------------|
| 1 Parmigiano Reggiano               | 4 Jarlsberg Cheese            |
| 2 Bella Vitano - Merlot or Balsamic | 5 Balderson White Old Cheddar |
| 3 Stilton Blue Cheese               | 6 Brie L'Extra                |

Or any of these varieties of cheeses (not pictured):

Castello Danish Blue, Asiago, Balderson Cheddar, L'Extra Camembert, Oka L'artisan



## ▲ CHEESE SENSATION TRAY SMALL: SERVES 10, C2S LARGE: SERVES 16, C2L

### A Cheese for Every Taste

Variety of cheeses, Brie, Edam, Swiss, Blue, Marble & Medium Cheddars, Jalapeño Havarti with Fresh Fruit



## ▲ FRUIT AND CHEESE PLATTER SMALL: SERVES 10, C3S LARGE: SERVES 16, C3L

### Great Addition to Any Party

Fresh Strawberries, Cantaloupe & Honeydew, Seedless Red & Green Grapes, Creamy Havarti Cheese, Balderson Mild & Marble Cheese served with Dip





## ▶ AROUND THE WORLD SERVES 6, CP5

**Travel the World at Your Next Party**  
Canadian Swiss,  
Variety of Sharp Cheddars,  
Cambozola Blue,  
topped with Dried Fruit and Nuts

## ◀ GOURMET CHEESE PLANK SERVES 6, CP6

**Something for Everyone**  
L'Extra Double Cream Brie, Frico Smoked Gouda, Blue Cheese, Irresistible Goat Cheese and Fruit



## ◀ CREAMY PARTY PLEASER SERVES 6, CP4

**Includes Some of Our Best-Selling Cheeses**  
Double Cream Brie, Extra Old Cheddar, Blue, Danish Cream Cheese, Saint-Paulin with Crackers





## ◀ RUSTIC ITALIAN CALABRESE PLATTER SERVES 12, \$1

**Exclusive to Metro**  
Calabrese Baguette,  
Prosciutto/Roasted  
Red Peppers/Basil,  
Rosemary Ham/  
Provolone/Roasted  
Red Peppers,  
Genoa/Mortadella/  
Provolone/Roasted  
Red Peppers

## ▶ THE ENTERTAINER SMALL: SERVES 10, \$6S LARGE: SERVES 16, \$6L

**Taking Sandwiches to the Next Level**  
Plain Croissants with Ham &  
Creamy Havarti, Ciabatta Buns  
with Angus Roast Beef and Swiss  
Baguettes with Chicken and Salami



# WRAPS



## ◀ WRAP DELIGHT SERVES 10, \$8

**All Wrapped Up**  
Premium  
Handmade  
Assorted Wraps:  
Old Fashioned  
Ham Topped with  
Mild Cheddar,  
Angus Roast Beef  
Topped with  
Canadian Swiss,  
Cooked Turkey  
Breast Topped  
with Creamy  
Havarti Cheese



## ◀ PINWHEEL PLATTER SERVES 12, \$10

**Premium Wraps in  
Easy to Eat Bites**  
Roasted Turkey,  
Bacon & Avocado  
Spread, Roast  
Beef & Roasted  
Red Peppers,  
Black Forest Ham  
with Creamy  
Havarti



# SANDWICHES



◀ **URBAN MEAT  
CALABRESE  
BAGUETTE  
PLATTER**  
SERVES 12, \$7

**Exclusive to Metro**  
Premium Calabrese  
Baguette, Angus  
Lean Roast Beef/  
Swiss, Oven  
Roasted Turkey/  
Havarti/Tomato,  
Smoked Meat/  
Swiss



◀ **SUB 2 GO  
WITH KETTLE  
CHIPS  
PLATTER**  
SERVES 10, \$2

**A Game Day  
Favourite**  
Freshly-baked  
Paninis, Variety  
Pack Meats  
Topped with  
Mozzarella  
Cheese and  
Shredded  
Lettuce and  
Kettle Chips



◀ **THE DELUXE  
SANDWICH  
PLATTER**  
SERVES 12, \$3

**One of our  
Classics**  
A Variety of  
Handmade  
Sandwiches,  
Roast Beef,  
Roasted Turkey  
Breast, Black  
Forest Ham, Egg  
Spread, Creamy  
Havarti. Available  
on White and  
Whole Wheat



◀ **FINGER  
SANDWICHES**  
SERVES 12, \$4

**A Must Have  
for Any Party**  
An Assortment  
of Sandwiches  
- Egg Salad,  
Salmon Salad,  
Tuna Salad and  
ending with  
Turkey Bacon.  
Available on  
white or whole  
wheat



◀ **VEGGIE WRAP  
PLATTER**  
SERVES 10, \$5

**For the Vegetarian**  
Premium Flour  
Tortillas, 2  
Varieties of  
Vegetarian Wraps,  
Kale & Quinoa  
Blend with  
Hummus, Roasted  
Vegetables with  
Feta, carefully  
arranged and  
garnished



◀ **DELUXE  
VEGETARIAN  
WRAP**  
SERVES 10, \$9

**A Lighter Choice**  
Premium Flour  
Tortillas. Deluxe  
Chickpea Salad  
with Hummus  
and Feta Cheese





◀ **CELEBRATION  
FRUIT PLATTER**  
SERVES 18-20, FT1

**MEDIUM  
FRUIT PLATTER**  
SERVES 10-15, FT3

**Fresh Cut &  
Ready to Eat**  
Strawberries,  
Watermelon,  
Cantaloupe,  
Honeydew,  
Pineapple



◀ **FRESH CUT  
FRUIT  
CAROUSEL**  
SERVES 6-8,  
FT2

**Fresh Cut &  
Ready to Eat**  
Strawberries,  
Watermelon,  
Cantaloupe,  
Honeydew,  
Pineapple



◀ **PARTY SIZE  
DELUXE  
FRUIT SALAD**  
SERVES 4-6,  
FT4

**Naturally Sweet  
& Refreshing**  
Watermelon,  
Cantaloupe,  
Honeydew,  
Pineapple,  
Strawberries,  
Blueberries

▶ **METRO'S SEASONAL FRUIT  
OR VEGETABLE TRAYS**

Our Seasonal Trays, exclusive to Metro, are a great way to add fun to your next event and a great addition to gatherings for kids of all ages.

Butterfly Tray  
Soccer Tray\*  
Ornament Tray\*  
Egg Tray\*

\*Subject to Seasonality



**SEASONAL VEGETABLE TRAY**  
SERVES 5-7, SV6

May include a selection of  
Celery Sticks, Baby Carrots,  
Broccoli & Cauliflower Florets,  
Grape Tomatoes or Dip.

**SEASONAL FRUIT TRAY**  
SERVES 5-7, SF5

Strawberries, Cantaloupe,  
Honeydew, Pineapple,  
Watermelon.



# FRUIT & VEGGIES



◀ **PUMPERNICKEL TRAY WITH DIP**  
SERVES 10, VT4

**Great for Entertaining**  
Pumpernickel Bread,  
Spinach Dip



▶ **FRESH CUT VEGETABLE**  
**CAROUSEL**  
SERVES 6-8, VT2

**Fresh Cut & Ready to Eat**

Cauliflower Florets, Broccoli Florets,  
Baby Carrots, Celery Sticks, Cucumber,  
Includes Dip



▲ **FAMILY SIZE SALAD**  
SERVES 3-5, VT3F

**Fresh Salads for any Size Gathering**  
Greek, Simply Garden, Caesar

**PARTY SIZE SALAD**  
SERVES 8-12, VT3P

**Fresh Salads for any Size Gathering**  
Greek, Simply Garden, Caesar

▶ **CELEBRATION**  
**VEGETABLE**  
**PLATTER**  
SERVES 18-20,  
VT1

**Fresh Cut &**  
**Ready to Eat**

Cauliflower Florets,  
Baby Carrots,  
Celery Sticks,  
Cucumber,  
Grape Tomatoes

**MEDIUM**  
**VEGETABLE**  
**PLATTER**  
SERVES 10-15,  
VT5

**Fresh Cut &**  
**Ready to Eat**

Broccoli &  
Cauliflower Florets,  
Peppers, Grape  
Tomatoes, Celery  
Sticks, Baby Carrots,  
Cucumber, Includes Dip





# BAKERY & DESSERTS



## ▲ IRRESISTIBLES CHEESECAKE 1 kg, SP7

Assorted Box contains Plain, Raspberry, Caramel Pecan and Chocolate



## ▲ FRONT STREET BAKERY SMALL DESSERT SQUARES 340 - 425 g, 21 - 24 PIECES, SP9

### Small Squares and Tarts

Fine Selection of Turtle Brownies, Caramel Rage, Nanaimo bars, Butter Tarts



## ▲ FRONT STREET BAKERY ULTIMATE DESSERT PLATTER, 1 kg, 48 PIECES, SP4

### Something for Everyone

Fresh Strawberry and Fruit Tarts, Mini Butter Tarts, Portuguese Tarts, Nanaimo Bars, Butter Tart Bars, Brownies, Macaroons



## ▲ FRONT STREET BAKERY BREAKFAST PLATTER 1 kg, 45 PIECES, SP2

### Ideal for Meetings, Brunch or Even Dessert

Chocolate Chunk Cookies, All Butter Café Croissants, Mini Flakey Fruit Bites, Fruit-Filled Danish, Carrot & Blueberry Muffins



## ▲ FRONT STREET BAKERY ALL BUTTER CROISSANT PLATTER 1 kg, 18 PIECES, SP5

### Breakfast Made Easy

Made with 100% All Butter Croissants, Cheese Croissants and Cafe Croissants



## ▲ FRONT STREET BAKERY GOURMET COOKIE PLATTER 1.75 kg, 52 PIECES, SP3

### Delicious and Sweet

Chocolate Chunk, White Chocolate Macadamia Nut, Double Chocolate, Chocolate Chunk with Pecans, Oatmeal Raisin Cookies



## ▲ FRONT STREET BAKERY ASSORTED PARTY SQUARES 720 g, 16 PIECES, SP8

### Delicious and Sweet Squares

Turtle Brownies, Caramel Rage, Butter Tart Squares



# ARTISAN BREADS

**FRONT STREET BAKERY**  
OUR ABSOLUTE FINEST

baked in  
my metro  
**m**

## ◀ FRONT STREET BAKERY EXTRA CHEDDAR CHEESE BREAD 675 g, BR1

Made with 1/2 lb  
Cheddar Cheese

baked in  
my metro  
**m**

## ▶ FRONT STREET BAKERY CALABRESE BAGUETTE 325 g, BR4

Slowly fermented which gives  
our bread a unique and distinct  
flavour. Great for sandwiches.

baked in  
my metro  
**m**

## ◀ FRONT STREET BAKERY CALABRESE BREAD 500 g, BR2

Slowly fermented which gives our  
bread a unique and distinct flavour

baked in  
my metro  
**m**

## ▶ FRONT STREET BAKERY SAN FRANCISCO STYLE SOURDOUGH BREAD 450 g, BR3

A unique San Francisco style bread,  
using a traditional recipe.

baked in  
my metro  
**m**

## ◀ FRONT STREET BAKERY RUSTIC COUNTRY BREAD 500 g, BR5

Slowly fermented which gives our bread a unique  
and distinct flavour and honeycomb interior.

baked in  
my metro  
**m**

## ▶ FRONT STREET BAKERY PUMPERNICKEL RYE BREAD 675 g, BR6

Fresh baked dark pumpernickel bread great  
for entertaining. Create your own platter.



# CAKES FOR ALL OCCASIONS

► **BUILD A CAKE**  
CHOOSE FROM 1/4 SLAB  
(SERVES 15 - 20), 1/2 SLAB  
(SERVES 30 - 40), FULL  
SLAB (SERVES 70 - 90), C8

**It's easy as 1, 2, 3!**

- ❶ Choose your cake & filling
- ❷ Choose your icing
- ❸ Choose your ornament  
from over 20 varieties:  
Star Wars, Disney  
Princesses, Spiderman



**mix  
& match**



▲ **FRONT STREET BAKERY**  
**CAKE SLICES 110 - 140 g, C10**

Red Velvet, Swiss Milk Chocolate  
Truffle, Gourmet Banana or Chocolate  
Truffle Royal cake slices



# CAKES FOR ALL OCCASIONS

**FRONT STREET BAKERY**  
OUR ABSOLUTE FINEST™



▲ **FRONT STREET BAKERY  
RED VELVET CAKE**  
8", 1.45 kg, SC1

Elegant, moist, ruby-red cake finished with smooth and silky cream cheese icing



▲ **FRONT STREET BAKERY  
DOUBLE CHOCOLATE MOUSSE CAKE**  
8", 875 g, SC2

Made with 35% cream, the perfect combination between vanilla and chocolate mousse. Topped with fresh berries



▲ **FRONT STREET BAKERY  
JAMOCHA ALMOND CAKE**  
8", 1.25 kg, SC4

Perfect combination of chocolate cake, almond meringue and chocolate fudge layered together to make this the ultimate dessert



▲ **FRONT STREET BAKERY  
BANANA CAKE WITH CREAM CHEESE ICING**  
8", 1.5 kg, SC3

Moist layers of banana cake, delicately filled and iced in cream cheese icing



▲ **FRONT STREET BAKERY  
SALTED CARAMEL CHOCOLATE CAKE  
MADE WITH LINDT**  
8", 1.3 kg, SC5

Rich milk chocolate cake and smooth dark chocolate truffle with a layer of decadent Lindt dark chocolate ganache



▲ **SWISS MILK CHOCOLATE CAKE  
MADE WITH LINDT**  
8", 1.3 kg, SC6

Layers of moist chocolate sponge and Swiss Milk Chocolate Truffle. Made with Lindt chocolate



All of our sushi platters come with wasabi, ginger, soy sauce and chopsticks!

## ► KAZOKU PLATTER 53 PIECES

This maki platter is perfect for a small gathering. California Roll (18pc), Spicy California Roll (18pc), Vegetable California Roll (9pc), Cucumber Hosomaki (8pc). No raw fish.



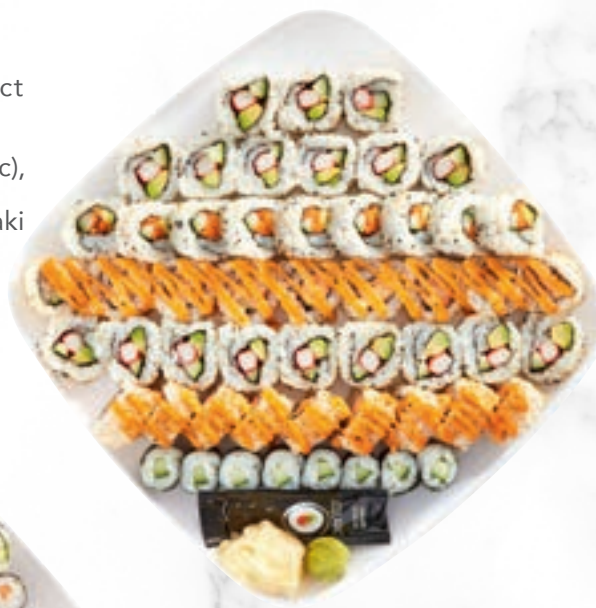
## ▲ ENKAI PLATTER 58 PIECES

A perfect premium platter for a dinner gathering or feast. Salmon Avocado Roll (9pc), Spicy Salmon Roll (9pc), Salmon Hosomaki (8pc), Tuna Hosomaki (8pc), Avocado Hosomaki (8pc), Rainbow Roll (8pc), Salmon Nigiri (4pc), Tuna Nigiri (4pc).



## ◄ UTAGE PLATTER 60 PIECES

Our largest platter, perfect for parties or banquets. Dynamite Crunch Roll (10pc), Spicy California Crunch Roll (9pc), California Roll (9pc), Salmon Hosomaki (8pc), Tuna Hosomaki (8pc), Salmon Volcano Crunch Roll (8pc), Cucumber Hosomaki (8pc).



## ◄ MATSURI PLATTER 39 PIECES

A festival of sushi. Dynamite Crunch Roll (10pc), Spicy California Roll (9pc), Salmon Volcano Crunch Roll (8pc), Salmon Nigiri (4pc), Tuna Nigiri (4pc), Shrimp Nigiri (2pc), Crab Nigiri (2pc).



## ▲ ATSUMARI PLATTER 51 PIECES

Perfect for get togethers. California Roll (9pc), Spicy California Roll (9pc), Spicy California Crunch Roll (9pc), Avocado Hosomaki (8pc), Cucumber Hosomaki (8pc), Crab Nigiri (4pc), Shrimp Nigiri (4pc). No raw fish.

### ALLERGEN STATEMENT

Please be advised that our products may contain egg, milk, fish, crustaceans, sesame, sulphite, soy, wheat, mustard and other allergens.



# SEAFOOD



◀ **ALASKAN SNOW LEGS & SHRIMP PLATTER**  
SERVES 12, ST8

**A Real Crowd Pleaser**  
One Pound of Alaskan Snow Legs, One Pound of Large Cooked White Pacific Shrimp, Irresistibles Seafood Sauce



▲ **TROPICAL DELIGHT PLATTER**  
SERVES 10, ST2

**For all Parties, Large and Small**  
Pacific White Shrimp, Irresistibles Seafood Sauce, Over 80 Shrimp



▲ **SOUTH PACIFIC PLATTER**  
SERVES 15, ST3

**For all Parties, Large and Small**  
Pacific White Shrimp, Irresistibles Seafood Sauce, Over 120 Shrimp



▲ **TOP DECK PLATTER**  
SERVES 10, ST4

**Impress Your Guests**  
2 lbs of Extra Large Cooked Shrimp, Irresistibles Seafood Sauce



▲ **DEEP SEA DUET PLATTER**  
SERVES 12, ST5

**A Perfect Pairing**  
Pacific White Shrimp, Crab-style Seafood, Irresistibles Seafood Sauce



▲ **ULTIMATE SEAFOOD PLATTER**  
SERVES 12, ST6

**Something for Everyone**  
Large Shrimp, Premium Atlantic Smoked Salmon, Cream Cheese, Capers, Irresistibles Seafood Sauce



▲ **PARADISE ISLAND PLATTER**  
SERVES 5, ST1

**For all Parties, Large and Small**  
Pacific White Shrimp, Irresistibles Seafood Sauce, Over 40 Shrimp



**MEAT**





## ► PORK RIB ROAST, VAM1

Easy to carve. Use pop-up timer for perfect results.



## ► STUFFED TURKEY BREAST ROAST OR BACON TOPPED CRANBERRY-STUFFED TURKEY FILLETS, VAM1

Easy to carve. Use pop-up timer for perfect results. seasoned and stuffed.



## ► PRIME RIB PREMIUM OVEN ROAST, VAM1

Easy to carve. Use pop-up timer for perfect results.





# PARTY PACKAGES





# PARTY PACKAGES

## ◀ CELEBRATION PARTY, SERVES 16, PP2

This package is great for birthdays and graduations. It includes: Vegetable Platter, Deluxe Sandwich Tray, Snack Delight Tray, your choice of 2 Deli Served Salads (see store for details), Fruit Tray, 1/4 Slab Signature Cake or Build A Cake

## ▶ LUNCH ON THE GO, SERVES 10, PP1

This includes a Wrap Tray, Irresistibles Salad Dressings, Garden Salad, Gourmet Cookie Tray and a Fruit & Cheese Platter







- **CUSTOM WEDDING WORK**  
Bridal bouquets, corsages, boutonnieres, table centrepieces
- **SHOWERS (WEDDING/BABY)**  
Corsages, centrepieces, custom bouquets
- **GRADUATIONS**  
Presentation bouquets, corsages, boutonnieres
- **PROMS**  
Corsages, custom bouquets, boutonnieres
- **FUNERALS**  
Casket sprays, sympathy arrangements
- **ANNIVERSARIES AND BIRTHDAYS**

\*Custom floral services available at most locations.





▲ PREMIUM DOZEN ROSES, FS1  
12 Stems, Assorted Colours



▲ INTERMEDIATE ROSES, FS2  
10 Stems, Assorted Colours



▲ PREMIUM ORCHID, FS3  
5" Pot, Double Spike, Assorted Colours



▲ MIXED BOUQUET, FS4  
Guaranteed to Last 10 Days,  
Assorted Varieties



# Follow these 4 simple steps to order and indulge with ease:

## 1. Browse

Check out our selection of deli, cheese, bakery, meat, produce and sushi trays and platters, as well as floral arrangements in-store or order online at <https://fresh2go.metro.ca/>

## 2. Place Order

Contact us by phone (1-877-763-7374) or visit us in-store or online.

## 3. Confirmation

Confirm your order and arrange a convenient pick-up date and time. To ensure freshness, please allow 24 hours notice.

## 4. Pick Up

Available in any of our stores across Ontario, your order will be fresh and waiting for you in our Deli department. Before you leave, we'll ensure your order is correct and we'll even carry it out to your car.

Some food items are subject to seasonality and market availability, which means substitutions may occasionally be necessary. Items may not be exactly as shown. Prices are subject to change.

Products may contain or may have come in contact with food allergens. If you have any questions or concerns, please ask for assistance.

